

Foodie



- **Restaurants** there are over 400 in Brighton & Hove more per capita than anywhere outside of London. **Look out for:** Terre a Terre www.terreaterre.co.uk, Due South www.duesouth.co.uk, Pintxo People www.pintxopeople.co.uk, Riddle & Finns www.riddleandfinns.co.uk
- **Healthiest City** Brighton has over a third more health food shops than any other cities. So it's the ideal place to inspire you to start that detox! **Look out for:** Sussex and the City www.sussexandthecity.co.uk Infinity Foods www.infinityfoods.co.uk, Sejuice www.sejuice.co.uk Guarana Bar www.guaranaco.com
- **Events** In March there's the Sussex Beer Festival in Hove, in May we celebrate the city's fishing origins with the Mackerel Fayre. The main event however is the Food & Drink Festival in September. **Look out for:** Food and Drink Festival in September www.brightonfoodfestival.co.uk Mackerel Fayre in May, Sussex Beer Festival in March www.sussexbeerfestival.co.uk
- **Delis** If our restaurants have inspired you to experiment further with your cooking then there are plenty of delis to get you started! **Look out for:** Bill's Produce Store www.billsproducestore.co.uk Bona Foodie www.bonafoodie.com, The Real Eating Company www.real-eating.co.uk
- **Breweries** For those who prefer a refreshing pint to a smoothie then try our local breweries, which include Harveys a winner of the best beer in the UK, accolade! **Look out for:** Dark Star at The Evening Star www.eveningstarbrighton.co.uk, Harveys www.harveys.org.uk, Hand in Hand Kemptown – the smallest pub to have it's own brewery! www.kemptownbrewery.co.uk